



## **AIMA Lifesavers Event – *Save a life, save mankind***

**Assalamu Alaikum wrb beloved Imam, this is a brief fact sheet highlighting the need for and importance of learning lifesaving skills. This fact sheet is for your consideration as part of the kutbah, to encourage the congregation to attend on Saturday 27 September 2025 - AIMA Lifesavers event.**

The Australian Islamic Medical Association (AIMA), in partnership with the global Lifesavers initiative of FIMA (Federation of Islamic Medical Associations), is bringing life-saving skills to mosques and communities across Australia.

What began as small workshops has now become a national movement – teaching Muslims across Australia how to respond in emergencies on Saturday 27 September 2025.

### **What is Lifesavers?**

LifeSavers is a global initiative where Muslim healthcare professionals teach communities lifesaving skills in mosques and Islamic centres.

### **Why Learn Basic Life Support?**

- A cardiac arrest happens when the heart suddenly stops.
- Every day, 55 Australians suffer a cardiac arrest outside hospital – sadly, less than 8% survive.
- Over 80% of Cardiac arrest happens outside hospital- can happen in shopping centres, at homes, parks and at the mosques.
- Ambulances take 9–15 minutes to arrive. But with every minute of delay, the chance of survival drops by 10%.
- Bystander CPR can double or triple survival.

**💡 The first person (Bystander) at the scene can make the biggest difference.**

### **Attendees will learn:**

- 👉 Bystander CPR – a skill anyone can learn.
- 🚑 Emergency response procedures, such as how to call for assistance in an emergency, operate a defibrillator, and address choking incidents.
- ✅ Sessions are run by Muslim doctors and healthcare workers of Australian Islamic Medical Association.
- ✅ Gain confidence to act quickly and save lives.
- ✅ Open to all, Men, Women and Children.

### **Why in Mosques?**

- The mosque is the heart of the community.
- It reaches multicultural and diverse communities.
- It unites people in service to others.
- It shows Islam's true message of care and mercy.





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### **The Islamic Perspective**

Allah SWT teaches us the value of saving lives:

*“Whoever saves one life – it is as if they saved all of humanity.”* (Qur'an 5:32)

*“And cooperate with one another in goodness and righteousness.”* (Qur'an 5:2)

The Prophet ﷺ said:

“The most beloved people to Allah are those who are most beneficial to others.”

Learning CPR is not just a skill – it is:

- An act of Sadaqah (charity).
- A form of serving humanity.
- A way of protecting the trust (amanah) of life given by Allah.

### **Key Message for Imams**

This program is:

- A practical way of living the Qur'an and Sunnah.
- An opportunity to unite the community.
- A reminder that saving a life is a duty of compassion and service in accordance with our faith.

Learn Basic Life Support. Save Lives.

### **Australian Islamic Medical Association**

For further enquiries, please reach out to us at admin@aima.org.au.